

Lebanon CTC Lunch Menu

November 2017

Food Service Director:
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Options	Monday	Tuesday	Wednesday	Thursday	Friday
<p>Monday: Chicken Patty Sandwich Tuesday: Corn Dog Nuggets Wednesday: Buffalo Chx Cheesesteak Thursday: Italian Dunkers Friday: Pizza of the Week</p>			<p>11/1 Buffalo Chicken Pasta Bake WG Bread Slice Celery Sticks Pineapple Tidbits</p>	<p>11/2 Pizza Pasta Bake WG Bread Slice Bean Salad Sliced Pears</p>	<p>11/3 Chicken Cheesesteak on WG Hoagie Roll Carrots Mandarin Oranges</p>
<p>The Grille Monday: Cheeseburger Tuesday: Chicken Parm Sandwich Wednesday: Hot Ham & Cheese Thursday: Spicy Chicken Sandwich Friday: CTC Burger</p>	<p>11/6 Zesty Pork Carnitas Lettuce Cup Applesauce</p>	<p>11/7 Pierogie Lasagna WG Bread Slice Steamed Broccoli Sliced Peaches</p>	<p>11/8 Harvest Meal Roasted Turkey w/Gravy WG Dinner Roll Mashed Potatoes Green Bean Casserole Blueberry Crisp</p>	<p>11/9 Sloppy Joe On WG Bun Carrot Coins Sliced Pears</p>	<p>11/10 Turkey Hot Dog Baked Beans Mandarin Oranges</p>
<p>The Garden Monday: Cobb Salad Tuesday: Spinach Steak Salad Wednesday: Chicken Caesar Salad Thursday: Crab Salad Friday: Santa Fe Salad</p>	<p>11/13 Pulled Pork on WG Bun French Fries Applesauce</p>	<p>11/14 Grilled Cheese w/Tomato Soup Baby Carrots Sliced Peaches</p>	<p>11/15 Grilled Chicken Sandwich Baked Sweet Potatoes & Apples Pineapple Tidbits</p>	<p>11/16 Walking Beef Taco Brown Rice Side Salad Sliced Pears</p>	<p>11/17 Chicken Quesadilla Refried Beans Mandarin Oranges</p>
<p>The Pizzeria Friday is Pizza Day!!! Week 1: Pepperoni Pizza Week 2: Buffalo Chicken Pizza Week 3: White Pizza Week 4: Cheese Pizza</p>	<p>11/20 Breakfast 4 Lunch French Toast Sticks w/Sausage Patty Celery Sticks Applesauce</p>	<p>11/21 Macaroni & Cheese WG Bread Slice Carrot Coins Sliced Peaches</p>	<p>11/22 No School</p>	<p>11/23 No School Thanksgiving</p>	<p>11/24 No School</p>
<p>Whole Grains Available Daily</p>	<p>11/27 No School</p>	<p>11/28 Chicken Stir Fry WG Dinner Roll Broccoli Sliced Peaches</p>	<p>11/29 Fish Sandwich Sweet Potato Fries Pineapple Tidbits</p>	<p>11/30 Salisbury Steak Mashed Potatoes w/ Gravy WG Dinner Roll Sliced Pears</p>	

The Deli

Homemade Soup Available Daily!
Monday: Ham & Cheese Wrap
Tuesday: Turkey Club Ciabatta
Wednesday: Chicken Caesar Wrap
Thursday: Italian Ciabatta
Friday: Chicken Ranch Wrap

Accompaniments

*Must take at least one 1/2 cup of fruit or vegetable
*Vegetable Bar includes:
*Fruits include:
Crisp Apple
Sliced Peaches
Mixed Fruit
Fresh Orange
Banana
Pineapple Tidbits
Diced Peas
Applesauce

Milk

Milk Choices Offered Daily:
1% white, non-fat white, 1% flavored

Student Price: \$3.00
Reduced Price: 40¢
Adult Price: \$4.00

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