

Lebanon County Career and Technology Center

833 Metro Drive, Lebanon, PA 17042 • • • Tel: (717) 273-8551 • • • www.lcctc.edu

National Technical

Honor Society

*The Lebanon County Career & Technology Center students were recognized
for academic and vocational excellence:
February 16, 2023, CTC Cafetorium, 6:00 p.m.*



Please join the LCCTC in congratulating these students for being selected as the Lebanon County Career and Technology Center's 2022-2023 National Technical Honor Society Inductees!!



Kaylee
Neal

2022-23 NTHS Officers

President

Kaylee Neal, Medical Assistant, CL

Vice President

Sydnee Huffman, Cosmetology, NL

Secretary

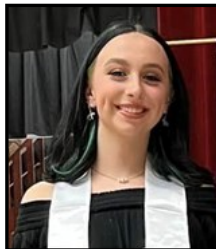
Brooke Shutter, Pastry Arts, CL

Treasurer

Michael Smith, Culinary Arts, PA



Brooke
Shutter



Sydnee
Huffman



Michael
Smith

congratulations

The goals of the NTHS (National Technical Honor Society) include:

- Rewarding excellence in workforce education
- Developing self-esteem, pride
- Encouraging students to reach higher levels of achievement
- Helping schools build effective business partnerships
- Promoting strong values-honesty, responsibility, initiative, teamwork, leadership, citizenship, scholarship
- Building a strong positive image for workforce education in America

There is a Buzz Going on in A-Wing!

Yes, the Culinary and Pastry Arts classes are getting into beekeeping!

We were fortunate enough to receive a grant from the Pennsylvania Restaurant and Lodging Association to obtain the necessary items to get started. Chef Corle, Eric Derr and Taryn Hogeland will be spearheading this venture. Chef Corle and Eric Derr are taking classes through the Capital Area Beekeepers Association to prepare for the April installment of the new CTC beehives. We have gained support from local beekeepers here in the Lebanon Valley and have our initial order of nucs that were produced here in Lebanon County. Nucs, or nucleus colonies, are small honeybee colonies created from larger colonies, packages, or captured swarms. A nuc hive is centered on a queen bee, the nucleus of the honeybee colony. We needed some hive bodies and Mr. Derr has been gracious enough to allow us to use his hive bodies that he had in storage.

Word got out about our beekeeping dream and alumnus Gracie Adams (ELCO) class of 2022 Pastry Arts told her dad (Aaron Adams) about it. Mr. Adams is a beekeeper himself and a skilled carpenter (he is an instructor at the Lancaster CTC Mt. Joy Campus) and wanted to help us out with getting our bees some new digs! We are proud and thankful to unveil this masterpiece of a hive body that Mr. Adams and Gracie constructed for us. This is a horizontal hive that is made to give the bees a more natural environment in which they can thrive and produce honey. We can't thank Aaron and Gracie enough and we look forward to many years of flowing gold coming from this hive body.



Gracie and Aaron Adams



Chef Peffley's Award

Congratulations to Chef Brian Peffley CEPC, CCE AAC Pastry Arts Instructor at Lebanon County Career and Technology Center on being named 2023 Pennsylvania ProStart Educator of Excellence! This award recognizes educators who demonstrate excellence in the classroom, along with passion, commitment, and creativity in all aspects of the ProStart program.

Chef Peffley has been the Pastry Arts instructor at Lebanon County CTC for more than 25 years and was an early adopter of the ProStart curriculum in his classroom. His students receive the full culinary experience through their involvement in community events, industry competitions, and running a lunchtime eatery. In addition, Chef Peffley was instrumental in bringing an accredited postsecondary apprenticeship program to Lebanon County, which operates in conjunction with Hershey Entertainment and Resorts.



Pastry Arts Student Wins Contest

Congratulations to Paige Smith, LH, Pastry Arts, the PA ProStart Bowl Fan Favorite winner for her Touchdown Cupcakes. Wingstop Charities and Sysco invited PA ProStart students to a friendly competition to see who could prepare the most snack-worthy Super Bowl appetizer. The ProStart Program provides high school students with practical skills and real-world educational opportunities to open doors for fulfilling careers in the restaurant and foodservice industry.



Cake Decorating Competition

On March 1, 2023, Pennsylvania ProStart held its first cake decorating competition. Kaya Camasta and Brooke Shutter (CL) presented their hospitality tribute to the National Restaurant Association and ProStart organization. They finished fourth in the competition. It was a great educational experience and they got to show off their talents at a state competition and also met Coach Franklin.



Brooke Shutter and Kaya Camasta, CL, Pastry Arts



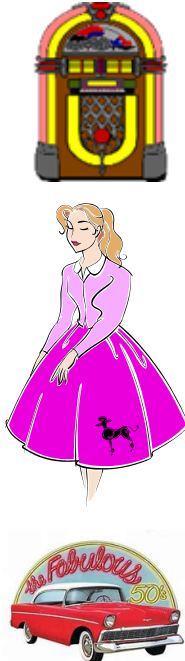
Chef Peffley, Kaya, Brooke and Coach Franklin



Great Job!

Hilltop Café's Fabulous 50's

The Culinary and Pastry Arts programs held their annual Fabulous 50's themed lunch the week of February 28. Reservations were sold out two weeks prior and the students did an excellent job in service and customer satisfaction. Thank you to Mrs. Werni and the Cosmetology class for doing hair and makeup for the week and Mr. Giffin's class for setting up the audio for the themed music.



Students Participated in a Smart Talk Event

On February 22, 2023, Mrs. Flowers, Ms. Tobias, and Mr. Derr along with 20 students attended the Smart Talk event hosted by Scott Lamar and Aniya Faulcon from WITF at Dauphin County Technical School. Students heard from student, teacher, administrator, and employer panelists about career and technical education in celebration of CTE month.

Our students also heard from guest motivational speaker, John Beede. John has climbed the tallest mountain on every continent, including Mount Everest. He talked about his triumphs and trials throughout his journeys and encouraged students to overcome their own mountains. "If you don't define success for yourself, someone else is going to do it for you."



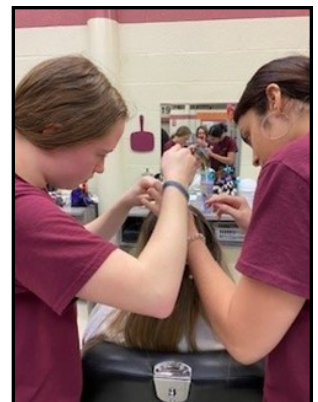
Cosmetology Guest Speaker and Demonstration

Heather Herman, owner and operator of House of Hair Salon in Annville, demonstrated a variety of skills currently being used in the salon. Demonstrations included hair coloring and highlighting techniques, long hair styling and curling ironing. She also talked about starting and managing a business. The demonstration ended with a question and answer session. The students asked several good questions about starting a business and the skills demonstrated.



Valentine's Day Hair Extensions

The Cosmetology students planned a hair extension sale for Valentine's Day. Red hair extensions were sold, and the proceeds benefited SkillsUSA. Approximately 100 hair extensions were sold during the fundraising event.



Mardi Gras Style

Cosmetology students had an opportunity to style hair and apply makeup to the Culinary and Pastry Arts students as part of the Mardi Gras Celebration at the Hilltop Cafe. Several students were decked out in glitter makeup and curled or waved hairstyles with feathers, tinsel, and flowers.



Welding Program Received a Generous Donation

Nicole Moore, Director of Human Resources at PRL, Inc., Lebanon, PA, arranged for the generous donation of two skids of welding rods to the Welding Technology program. The welding rods will be used to further enhance the necessary skills in our Welding Technology program to produce outstanding students. We appreciate your generous donation, as well as your commitment and support of career and technical education.



Thank you!

Educational Insights - Bullying

According to the CDC (2021), about 20% of students reported being bullied on school property while about 17% reported being bullied electronically. Nearly 14% of schools report that bullying occurs daily or weekly. Dr. Martha Thompson, Founder of Empower the Mind, recently visited the CTC to engage our students in a discussion about bullying. Dr. Thompson helped the students understand what it looks like and how they can respond to it.

Bullying is defined by Merriam-Webster as “abuse and mistreatment of someone vulnerable by some stronger, more powerful, etc.” Traditional bullying is usually done through physical or verbal means. Bullying may be relational in nature. This means the children can use their friendships as a threat or a way to hurt others. Cyberbullying uses technology, for example, texting and social media. It can be especially destructive due to how fast and widespread those messages can travel.

Intervention can reduce harm and prevent future risk. If you believe bullying is taking place, connect with someone who can help. Contact a teacher, school counselor, administrator, parent, coach, or other trusted adult for assistance. You may also contact the Student Assistance Program at your school (<http://empowerthemind.org/lebanon-co-sap.html>). Finally, Pennsylvania maintains a Bullying Prevention Consultation Line: 866-716-0424. The consultation line offers strategies and resources to assist with school-based bullying.

submitted by Janet Garchinsky, Ed.D.

School Counseling Calendar

March: Keep Calm

27-31: NOCTI Half Day Written Testing
29: End of 3rd Marking Period

April: ACE that NOCTI

3-5: NOCTI Full Day Written Testing
6-10: Spring Holiday
18-21: NOCTI Performance Testing for all Seniors
24-28: NOCTI Make-ups

May- Let's Celebrate

3: Decision Day
5: Tech Wars
8-12: Middle School Tours at CTC
17: Last Ditch Lunch with Counselors (table will be set up in café over lunches to discuss final plans with students or make appointments with their counselor)
25: Certificate and Awards Ceremony at 6:30pm
29: Memorial Day Holiday
June 6: Last Student Day