

## Lebanon County Career and Technology Center

833 Metro Drive, Lebanon, PA 17042 • • • Tel: (717) 273-8551 • • • [www.lcctc.edu](http://www.lcctc.edu)

### CTC FFA Chapter Attended the State Legislative Leadership Conference

From Sunday, March 26 to Tuesday, March 28, 2023, four members from the Lebanon County CTC FFA chapter attended the State Legislative Leadership Conference (SLLC). The students that attended were Joshua Maull (ELCO), Jacob Moore (ELCO), James Boltz (ELCO), and Jacob Nicely (Palmyra).

At this conference the four members were divided into large workshop groups managed by current and past state FFA officers. In these workshops we learned proper dinner etiquette, how to advocate, and how to enact Parliamentary Procedure (Parli. Pro.). The advocating workshop taught us how to debate a certain situation or topic in a professional manner. Our skills were then put to the test when we had to research and advocate for real nonprofit organizations. Our skills were tested by seeing which groups could get the required "money and service hours" for our goals.

On Monday morning, student delegated issues were introduced and later voted on. These issues were FFA member ideas that could change the FFA Organization at a state level, such as changing bylaws, proposing new CDEs, LDEs, and conferences. The Lebanon CTC got chosen to have a delegate propose an issue. The four members had worked on the issue for about two weeks and had officially proposed a Chesapeake Bay Conference (CBC). Later that day the issues were then voted on and the top five most important issues will be proposed and delegated for at the State Convention in June. The votes will be tallied and announced in about two to three weeks. We then broke off into workshop groups once again to learn about Parli Pro. In this workshop, we were taught how to get formally recognized by the Chair, how to propose amendments, and how to gain evidence and reason. After this workshop, we broke into different groups to look at and amend PA state legislation. In these groups we were given real PA House and Senate Bills and instructed to amend them. Each bill had three sessions where it could be amended and corrected. Throughout the sessions, a plethora of changes were made to the bills by integrating our Parli Pro exercises. These now amended bills will be reviewed by the state officers and will be given back to the PA Congress to possibly be put into law. After our final dinner, we were allowed to attend a glow rave. This allowed us to meet even more people and show our less serious side. After this, a heartfelt reflection was given by the state officers and we turned in for the night.

The final morning, we packed up and prepared for breakfast with our PA State legislators. At this breakfast a multitude of legislators met with FFA chapters and got their opinions on current pieces of legislation. After this breakfast, there was an optional PA Capitol tour. Sadly, our chapter missed this opportunity due to missing the sign-up period. Overall, this trip was very exciting. We met other chapters and state officers personally and learned complex procedures such as Parli Pro. This trip also allowed us to meet other advisors and gain new ideas for our new chapter here at Lebanon CTC.

submitted by Joshua Maull (EL)



## PENN HOSA 44th Annual State Leadership Conference

On March 29-31, 2023, 25 HOSA students from Health Careers Technology, Medical Assisting, and Sports Therapy Sciences attended the conference and represented the LCCTC as competitors, voting delegates and state officer candidates. We are so proud of each of them and their professionalism while attending the conference.

Good Job!



### **HCT AM HOSA-Universal Caregivers:**

Yomayra Cruz, CL & Olivia Forry, CL-Health Career Display  
Janaira Gonzalez, CL-Medical Terminology Written Test  
Mrs. Mattis-Advisor  
Camelia Camacho, PA-Voting Delegate  
Sierra Simpson, CL-Nurse Assisting  
Hannah Rebert, LH-Behavioral Health Written Test  
Yoalis Rodriguez, CL-Home Health Aide



### **HCT PM HOSA-Compassionate Healthcare Professionals:**

Josmarie Casiano, CL-Voting Delegate  
Kendra Allen, CL -Public Service Announcement  
Mrs. Mattis-Advisor  
Tiana Heist, CL -Public Service Announcement  
Meygan Carpenter, CL -Public Service Announcement  
Fatima Majdali, CL -Nurse Assisting



### **Sports Therapy Sciences AM HOSA-Leaders:**

Alejandro Abreu, CL-HOSA Bowl  
Rylie Dangerfield, LH-Officer Candidate  
Kayli Davis, LH-HOSA Bowl  
Jalik Hill, LH-HOSA Bowl  
Derek Infante, LH-Voting Delegate  
Mohamed Marai, LH-HOSA Bowl

Awesome



### **Medical Assisting AM & PM HOSA Stars and Stripes:**

Jadaesiah Hoskin, LH-Medical Math  
Aliyah Oberly, AC-Health Career Display  
Mackenzie Elder, AC-Medical Terminology  
Jeilin Jimenez, LH-Medical Assisting  
Zowey Zimmerman, EL-Voting Delegate  
Sevasthian Munoz, LH-Health Career Display  
Javier Quinones, NL-Medical Assisting





## PENN HOSA State Leadership Conference Winners

Javier Quinones, NL- senior Medical Assistant student in Ms. Petruska's class bronze medal winner in Medical Assisting.

Kendra Allen, CL, Meygan Carpenter, CL and Tiana Heist, CL-seniors in Health Careers Technology, Mrs. Mattis class, silver medal winners in Public Service Announcement.



The winners have an opportunity to attend the International Leadership Conference held in Dallas, Texas in June.

Good Luck in June

## Students-of-the-Quarter 3rd MP

Student	Program	HS	Student	Program	HS
Nicholas Ball	Automotive Tech	EL	Stephanie Merkel	Pastry Arts	AAP
Wyatt Bates	Automotive Tech	NL	Alexis Messner	Cosmetology	LH
Andrew Blouch	Media Communications	AC	Valeria Morales Montanez	Pastry Arts	CL
Vilmaris Brigantti	Medical Assistant	NL	Samantha Nelson	Automotive Tech	EL
Camelia Camacho	Health Careers	PA	Jeremiah Polanco	Media Communications	LH
Kaya Camasta	Pastry Arts	CL	Ruben Quinones Ramirez	Automotive Tech	CL
Meygan Carpenter	Health Careers	CL	Alezeh Raihl	Law Enforcement	EL
Alondra Carrasquillo	Automotive Tech	LH	Reagan Reese	Health Careers	CL
Matthew Cruz Torres	Law Enforcement	LH	Danika Rohr	Medical Assistant	EL
Andrea Diego Mendoza	Medical Assistant	LH	Paige Sakel	Law Enforcement	CL
Damian Dundore	Law Enforcement	CL	Cayden Schmidt	Law Enforcement	CL
Anabel Fortuna Aracena	Medical Assistant	LH	Alexis Shirk	Culinary Arts	NL
Caitlin Gadel	Law Enforcement	NL	Brooke Shutter	Pastry Arts	CL
Emily Gerhart	Law Enforcement	CL	Christopher Sierra	Automotive Tech	LH
Rose Gonzalez	Culinary Arts	LH	Michael Smith	Culinary Arts	PA
Joslynn Gracely	Automotive Tech	NL	Briana Spatz	Medical Assistant	EL
Kaylee Groseclose	Pastry Arts	CL	Christian Stafford	Law Enforcement	LH
Sienna Gulden	Automotive Tech	CL	Aahz Steinmetz	Law Enforcement	AC
Destiny Hinton	Law Enforcement	LH	Olivia Troutman	Cosmetology	PA
Shaylin Hoke	Law Enforcement	EL	Kamila Valentin Lorenzo	Law Enforcement	CL
Zachary Horst	Auto Body Tech	EL	Cameron Weaver	Automotive Tech	AC
Chloe Hower	Health Careers	AC	Aspen Wenrich	Law Enforcement	EL
Elias Krow	Auto Body Tech	EL	Alora Wensel	Medical Assistant	EL
Nyla Leger	Medical Assistant	LH	Zowey Zimmerman	Medical Assistant	EL
Anthony Lucera	Automotive Tech	AC			

## Culinary and Pastry Arts Students Prepared the OAC Banquet

The Culinary and Pastry Arts programs prepared an outstanding buffet and assorted desserts for this year's OAC Banquet. Both classes worked diligently to put out a delicious and elegant presentation for all the guests. The main course consisted of chicken kiev, spring green vegetables and Irish whipped potatoes. On the carving station, there was smoked sirloin of beef with bourbon cream sauce, which was smoked in the smoker outside of the school. Pastry Arts baked many types of fresh bread with two bread cornucopia show work pieces done by Kaya Camasta and Valeria Morales. Stephanie Merkel displayed an ice carving with the CTC logo carved into it. Pastry Arts produced over twelve different kinds of desserts along with a banana foster action station. For this year's 2023 OAC Banquet we had the largest turnout to date of 260 guests. Being able to cater this event was a valuable experience for both Culinary and Pastry Arts students.



# WELL DONE!

## Culinary Arts' Alumnus Update

A big shout out to Chef Sam Brod, CEC, on winning the #cheftochef, A Club+Resort Chef Conference chef of the year competition on March 7, 2023. Chef Brod had one hour to make an appetizer and an entrée for four! Chef Brod is a 2004 graduate of the Lebanon County Career and Technology Center's Culinary Arts program and Cedar Crest High School. Chef Brod is the Certified Executive Chef of The Landings Club in Savannah, GA. It is the largest privately owned golf club in America. Chef Brod and his team have recently been named in the top 10 best culinary experiences in the country by Club+Resort Chef March 2023.

Chef Brod continues to lead by example, and we couldn't be prouder of him. Thanks Chef Brod for inspiring the next generation of professional chefs!

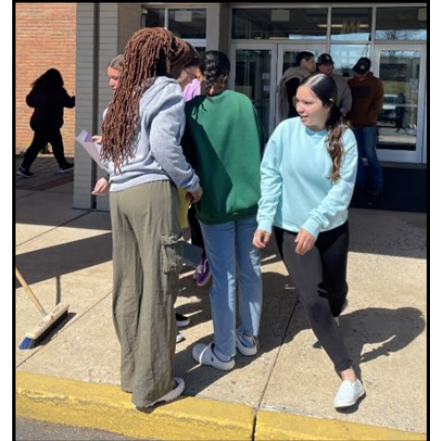
# CONGRATULATIONS





## Annual Scavenger Hunt

On Monday and Tuesday, March 20 and 21, 2023, we hosted our third annual Scavenger Hunt! We tested our students' knowledge on CTC facts and landmarks to see who pays attention to their surroundings. There was a total of five stations. Each station had a question about CTC that students had to answer before they could see the clue to find their next location. Students competed in teams of two to see who could solve all five clues the fastest and with correct answers. They had a blast running around outside trying to decipher their clues. Help us congratulate our 2023 CTC Scavenger Hunt Winners!



AM Winners



PM Winners



### **Congratulations to our Winners**

Team Health Careers – AM  
Molly Fisher, AC  
Camelia Camacho, PA  
Janaira Gonzalez, CL

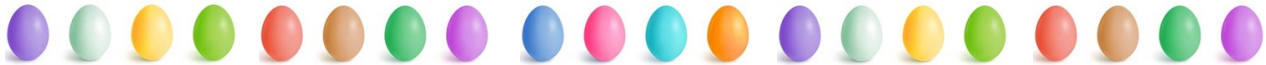
Team Sports Therapy Sciences – AM  
Jalík Hill, LH  
Derek Infante, LH  
Mohamed Marai, LH

Team Medical Assistant – PM  
Kaylee Neal, CL  
Anais Rodriguez Colon, CL



## Annual Egg Hunt

Health Careers Technology HOSA-Future Health Professionals held their annual egg hunt on the lawn outside of E-Wing. Over 110 students participated in the morning and the afternoon egg hunts. There were two lucky winners who found the golden egg (one in the am and one in the pm). This is such a fun event each year and we look forward to hosting it again next year.



## Practical Nursing Program

On March 16, 2023, six deserving students graduated from the evening Practical Nursing Program.

The Practical Nursing Program offers two cohorts. The full-time day program is 11 months long and starts in July and ends in June. The part-time program starts in September and ends 18 months later in March. We are currently enrolling for both programs.



Pictured Left to Right: Joy Mbugua, Oladoyin Gbadegsin, Ravenn Bailey, Ozemebhoya Odiale, Jade Herto, Olivia Morrison

## Excellence in Education

Please join us in congratulating the following students that will receive the honor as top 5% of the graduating class at CTC. They will be recognized at the Excellence in Education Ceremony sponsored by the Lebanon Valley Chamber of Commerce on May 10, 2023. This event will be held at Cedar Crest High School stadium. This is an incredible accomplishment for these students with all the hard work they have put into this school year. We are so proud of all of them!

Student	Program	HS	Student	Program	HS
Selena Buck	Auto Body	NL	Alyssa Marlowe	Sports Therapy	NL
Kaya Camasta	Pastry Arts	CL	Kaylee Neal	Medical Assistant	CL
Meygan Carpenter	Health Careers	CL	Stella Ojo	Health Careers	CL
Aaliyah Ferrer	Sports Therapy	LH	Anais Rodriguez Colon	Medical Assistant	CL
Rose Gonzalez	Culinary Arts	LH	Brooke Shutter	Pastry Arts	CL
Kaylee Groseclose	Pastry Arts	CL	Michael Smith	Culinary Arts	PA
Mariah Haggerty	Health Careers	CL	Paige Smith	Pastry Arts	LH
Cheyenne Haldeman	Health Careers	NL	Aliyah Uffner	Sports Therapy	CL
Sydnee Huffman	Cosmetology	NL	Joseph Wilder	Auto Body Technology	PA



# Congratulations



## Educational Insights - Self Determination

“Why do we fall, sir? So we can learn to pick ourselves up” (Alfred Thaddeus Crane Pennyworth, *Batman Begins*, 2005).

Self-determination is a person’s ability to make choices and manage their life. A self-determined person recognizes and evaluates choices, solves problems, makes decisions, advocates for themselves, knows their resources, and sets realistic goals. Yet even the most self-determined people can be thrown off track when barriers arise. Self-determination skills are best learned through real-world experiences. It requires taking risks, making mistakes, and reflecting on the given outcomes.

During this learning process, students and young adults benefit from open and supportive environments. Self-determination is not only a set of skills, but also a mindset. This is where family members, teachers, and even friends can make a difference. Here are some tips to promote self-determination:

- Encourage choice making
- Encourage the exploration of possibilities
- Support problem solving
- Develop goal-setting and planning
- Promote self-advocacy
- Facilitate the development of self-esteem
- Promote reasonable risk-taking
- Help youth with disabilities understand how their disability impacts them

*submitted by Janet Garchinsky, Ed.D.*



# Rotary Students-of-the-Month **March 2023**



**Paige Smith, LH,  
Pastry Arts**

Paige Smith is the daughter of Steve and Peggy Smith, Lebanon, PA. Paige is a senior at Lebanon High School and is enrolled in the Pastry Arts Program at the Lebanon County Career and Technology Center.

Paige is a member of the student organization SkillsUSA, at CTC. She

also has received the honor of being named to the National Technical Honor Society. Outside of school, she volunteers with United Way and is involved with Relay for Life. She works part-time at JoAnn Fabrics.

After graduation, Paige plans to continue her education at HACC in Pastry Arts. Her career goal is to own a pastry shop.



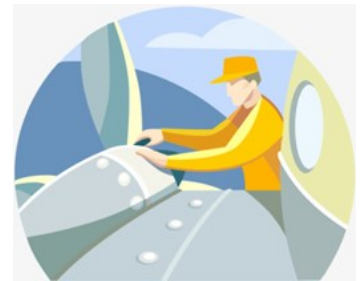
**Cameron Weaber, AC,  
Automotive Tech.**

Cameron Weaber is the son of James and Janel Weaber, Lebanon, PA. Cameron is a senior at Annville-Cleona High School and is enrolled in the Automotive Technology Program at Lebanon County Career and Technology Center.

Cameron is a member of the student organization,

SkillsUSA at CTC, where he received a gold medal in the district competition. He will be competing at the state level in a few weeks. He also participates in CTC's Cooperative Education Program and works at Leiss Garage in Lebanon.

After graduation, Cameron plans to continue his education pursuing a degree in Aviation. His career goal is to become an Aviation Technician.



## **April 2023**



**Olivia Troutman, PA,  
Cosmetology**

Olivia Troutman is the daughter of Wendy Troutman, Palmyra, PA. Olivia is a senior at Palmyra High School and is enrolled in the Cosmetology Program at the Lebanon County Career and Technology Center.

Olivia is active in her Palmyra Theatre program

and the National Thespian Society. She has received the honor of student of the quarter at CTC and will be singing the National Anthem at the Certificate and Awards Ceremony in May. She works part-time at Texas Roadhouse and Hershey Chocolate World.

After graduation, Olivia plans to obtain her Cosmetology license and become a hairstylist at a local salon.



**Kaden Black, AC, Diesel  
Truck Tech.**

Kaden Black is the son of Victor and Lesley Black, Annville, PA. Kaden is a senior at Annville-Cleona High School and is enrolled in the Diesel Truck Technology Program at Lebanon County Career and Technology Center.

Kaden participates in CTC's Cooperative Education Program and

works at Leshar Leasing, Inc. in Lebanon. He is a member of the National Honor Society and is a chairperson for his high school's mini thon committee. He has completed many community service projects within his community.

After graduation, Kaden plans to enroll in Cleveland Brothers CAT apprenticeship program. His career goal is to become a Diesel Engine Technician.

