

**Sports Therapy Sciences
Rehabilitation Aide (CIP- 51.2604)
Total Program Hours: 910**

Program Length

Monday-Friday, 8:05 A.M. – 2:10 P.M. (August-June)

About the Program

Students will be prepared perform to health and fitness assessments designed to assist with individual exercise and rehabilitation programs. Skills learned include: human anatomy and physiology, medical terminology, basic first aid & CPR, sports injury management and personal training. Students who successfully complete this program are eligible to take the personal training certification exam, which allows for immediate employment. Students can also use this course as a career pathway to athletic training, physical therapy, occupational therapy, and other health & fitness related fields.

Career Opportunities after Graduation

Personal Trainer

Certifications Available

First Aid CPR/AED

Personal Trainer

*Students who successfully receive the personal training certification are immediately able to receive employment.

| Financial Information | | | | | |
|-------------------------------------|--|--------------------------------|--|----------------------------------------|------------------|
| Base Tuition | | | | | \$9,190 |
| + Supplies & Fees | | | | | |
| Textbook Rental | | | | \$100 | |
| CPR | | | | \$5 | |
| Printing | | | | \$100 | |
| Technology | | | | \$100 | |
| Total Program Tuition Cost | | | | | \$9,495 |
| + <i>Pre-Entrance Costs*</i> | | \$275 (*Estimate) | | | |
| <i>Criminal Record Check</i> | | <i>FBI Clearance</i> | | <i>Child Abuse Check</i> | <i>2 Step TB</i> |
| <i>Uniform</i> | | <i>Running Shoes</i> | | <i>White or Black Leather Sneakers</i> | |
| <i>Watch with Second Hand</i> | | <i>Personal Training Books</i> | | <i>Application Fee</i> | |
| Total Estimated Student Cost | | | | | \$9,770 |

***Successful completion of the program results in receipt of a certificate of LCCTC program completion**

**For more information or to register today, please contact the Adult Education Office at
717-273-8551 x. 2180 or visit us online at www.lcctc.edu/adulted**

The Lebanon County Career and Technology Center does not discriminate on the basis of race, color, national origin, sex, disability, or age in its programs and activities and provides equal access to the Boy Scouts and other designated youth groups. The following person has been designated to handle inquiries regarding the non-discrimination policies:

Assistant Director of Students – 833 Metro Drive, Lebanon, PA 17042 – (717) 273-8551 extension 2139