



833 METRO DRIVE • LEBANON, PENNSYLVANIA, 17042 • TELEPHONE: 717-273-8551
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June 2023

Dear Parent or Guardian:

On behalf of the Lebanon County Career and Technology Center (LCCTC), I would like to welcome your student to the Sports Therapy Sciences program for 2023-2024 school year.

Students in Sports Therapy Sciences will be expected to purchase and/or complete the items on the attached sheet(s). All uniform purchases, if applicable, must be made with Major League Screen Printing. They can be contacted at 717-270-9511, or you may use the LCCTC link from www.lcctc.edu and use the "Uniform" link at the top of the page. Students are expected to have all necessary items as listed on the attached forms, on the first day of school.

Please plan to attend the event below to obtain the following valuable information regarding the LCCTC: student schedules, attendance and grading policies, curriculum, classroom rules and procedures, lunch information, college credit opportunities, parent portal, etc. A reminder letter will be mailed concerning the Parent Orientation in mid-August.

Important Dates

August 23, 2023 at 6PM
August 28, 2023

Back to School Event
First Day of School

Please contact me at 717-273-8551 ext. 2127 or by email at hseyfert@lcctc.edu if you have any questions. I look forward to working with you to prepare your student for post-secondary education and/or a career in the sports and fitness field.

Sincerely,

Hanna Newell-Seyfert
Sports Therapy Sciences Instructor

Attachment(s)

Listed below are the items that are required and optional for enrollment in the Sports Therapy Sciences program. Please have all required items purchased and/or completed prior to the start of the school year. To ensure delivery of the items before the first day, plan to place your order several weeks in advance. Delivery of all the items from Major League will take several weeks.

Parents and guardians: please update all your contact information including home and/or cell phone number as well as email address at the *Back to School Night/Parent Orientation*. If you are unable to attend the event, please send an email to Mrs. Seyfert with the pertinent information

If you have any questions, please contact Mrs. Hanna Seyfert at 717-273-8551 ext. 2127 or by email at hseyfert@lcctc.edu.

Sports Therapy Sciences Program Checklist		
Required or Optional	Item	Check when Purchased or Completed
	<i>**Indicates the items that are required to be purchased through Major League</i>	
Required	<u>Classroom Uniform</u> <ul style="list-style-type: none"> • Polo-style shirt (Qty: 2)** • ¼ Zip Pullover** • Pants – khaki, gray or black – <i>NO denim or yoga pants/leggings</i> • Athletic shoes/sneakers • Socks <i>Please note: NO Crocs, sandals, slides or boots</i>	<input type="checkbox"/>
Required	<u>Lab Uniform</u> <ul style="list-style-type: none"> • Competitor Tee – cotton or performance (Qty: 2)** • Shorts – black or gray (no blue)** • Athletic Shoes (low top) • Socks 	<input type="checkbox"/>
Optional	<u>Lab Uniform – Optional Items</u> <ul style="list-style-type: none"> • Long Sleeve T-shirt** • Black Athletic Pants** or black athletic pants approved by the instructor 	<input type="checkbox"/>
Required	Watch with second hand (or digital)	<input type="checkbox"/>
Required	2023-2024 PIAA Sports Physical	<input type="checkbox"/>
Required	Reusable Water Bottle	<input type="checkbox"/>
Required	3-Ring Binder 2” (Qty: 2), 1” (Qty:2)	<input type="checkbox"/>
Required	Pencils/Pens (black or blue ink only)	<input type="checkbox"/>

Required	Index Cards (Qty: 400)	<input type="checkbox"/>
Required	Notebooks (Qty: 1)	<input type="checkbox"/>
Required	Multicolored Pencils (Pack of 12 or greater)	<input type="checkbox"/>
Required	Highlighters – various colors	<input type="checkbox"/>
Required	HOSA-Future Health Professionals Annual Membership Cost: \$20	<input type="checkbox"/>
Optional	NASM (National Academy of Sports Medicine) Certified Personal Trainer Exam, Cost: approx. \$399	<input type="checkbox"/>